

Curriculum Vitae

**MICHELLE A. SPRING, MD, FACS**

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**Board-Certified Plastic and Reconstructive Surgeon  
Chair, Department of Surgery**

**Logan Health**  
Kalispell, MT

**Active Medical Licenses:**

*State of Idaho Board of Medicine*  
*State of Montana Board of Medicine*

*Board Certification: Diplomate of the American Board of Plastic Surgery 2010*  
*Participating in Maintenance of Certification (MOC)*

**Postgraduate Work Experience and Leadership Positions:**

**2015-Present Board-Certified Plastic & Reconstructive Surgeon**  
**Logan Health Plastic Surgery**  
**Logan Health**  
Kalispell, MT

**2021-Present Chair, Department of Surgery**  
**Logan Health**  
Kalispell, MT

**2019-2021 Vice Chair, Department of Surgery**  
**Logan Health**  
Kalispell, MT

**2021-Present Physician Advisory Council**  
**Logan Health**  
Kalispell, MT

**2021-Present University of Washington School of Medicine**  
**WWAMI, Surgery Clerkship Site Director**  
Kalispell, MT

**2015-Present Breast Leadership Program Committee**  
**Logan Health**  
Kalispell, MT

- 2015-2021**      **Medical Director, Logan Health Plastic Surgery**  
**Logan Health**  
Kalispell, MT
- 2018-2019**      **Harvard Medical School**  
**Global Scholar of Surgical Leadership**  
**Postgraduate Medical Education Certificate Program**  
Boston, MA
- 2017-2018**      **Physician Leadership Effectiveness Program**  
Montana Medical Association
- 2011-2015**      **Marina Plastic Surgery Associates**  
**USC Aesthetic Surgery Fellowship program**  
**Adjunct Clinical Assistant Professor of Surgery**  
**Keck School of Medicine of USC**  
Marina del Rey, CA and  
University of Southern California
- 2009-2011**      **Seasons Plastic Surgery**  
**Plastic & Reconstructive Surgeon**  
Multidisciplinary group practice  
Ponderay and Coeur d'Alene, ID
- 2008-2009**      **Plastic & Reconstructive Surgeon**  
**Private Practice**  
San Diego, CA
- 2007**              **Clinical Instructor**  
**Plastic & Reconstructive Surgeon** (*planned interim position*)  
**University of Wisconsin-Madison, Department of Surgery**  
Dean Medical Center  
Madison, Wisconsin

**Education:**

**Surgical Specialty Fellowship Training:**

- 2007-2008**      **Interplast Webster Fellowship (now ReSurge)**  
Interplast (ReSurge) is an international humanitarian organization that provides free reconstructive surgery to underprivileged children and adults with cleft lips, cleft palates and severe, disfiguring burns and hand deformities. Countries traveled to include: Bangladesh, Bolivia, China, Ecuador, India, Peru, Taiwan, and Vietnam.
- 2006**              **ASAPS-University of Southern California**  
**Aesthetic Surgery Fellowship**  
Dr. W. Grant Stevens  
Marina del Rey, CA

**Internship and Residency:**

**2001-2006**      **Integrated Plastic & Reconstructive Surgery Residency**  
**Department of Surgery**  
**University of Wisconsin School of Medicine and Public Health**  
Madison, WI

**Medical School:**

**1997-2001**      **Doctorate of Medicine**  
**University of Wisconsin School of Medicine and Public Health**  
*Alpha Omega Alpha*  
Madison, WI

**College:**

**1992-1996**      **B.S. with Distinction (Biochemistry and Molecular Biology)**  
**University of Wisconsin-Madison**  
Madison, WI

**Current Hospital and Surgery Center Affiliations:**

- Logan Health Medical Center, Kalispell MT
- Logan KalNorth Surgery Center, Kalispell MT
- Logan Health Whitefish, Whitefish MT

**Professional Societies and Medical Organizations:**

- Faculty, American College of Surgeons
- American Society of Plastic Surgeons
- American Society for Aesthetic Plastic Surgery
- American Board of Medical Specialties
- International Association of Plastic Surgeons
- Montana Medical Association

**Other Leadership and Committees:**

- Kalispell Regional Health Care Focused Peer Review Committee
- ASAPS Product Development Market Research Committee
- ASAPS Women's Aesthetic Surgeon's Committee
- ASPS Volunteers in Plastic Surgery Steering Committee
- ASPS Young Plastic Surgeon's Committee

- ASPS Patient Safety Committee
- Board of Directors, Pend Oreille Surgery Center
- Bonner General Hospital Quality Management Committee

**Awards:**

- Recognition for Capstone Project; Harvard Surgical Leadership Program
- Best of Flathead Valley- Plastic Surgeon
- Woman of Outstanding Leadership – International Women’s Leadership Assoc.
- Super Doctors Southern California Rising Stars
- America’s Top Surgeons-Consumer Research Council of America
- Los Angeles Top Rated Doctors
- Patient’s Choice Award
- Compassionate Doctor Award
- Super Doctors Southern California Rising Stars
- Alpha Omega Alpha Medical Honor Society
- Phi Kappa Phi Honor Society
- University of Wisconsin-Madison Honors Program
- 2<sup>nd</sup> Place, Resident Presentation Competition. Midwest Association of Plastic Surgeons. *Postoperative Changes in Growth Rate and Feeding After Mandibular Distraction Osteogenesis*

**Other Professional and Teaching Activities:**

- UW School of Medicine Adjunct Faculty for Kalispell site WWAMI program
  - Medical students surgery rotation and surgical residents (2015-present)
- Organization of USC Plastic and Reconstructive Surgery Aesthetic Surgery Conference
- USC Plastic and Reconstructive Surgery Resident training, Instructor
- Injector Trainer, *AestheticSafe* Resident Training Program
- USC/ASPS Plastic Surgery Aesthetic Fellowship Program, Instructor
- Eduplast, Overseas Plastic Surgery Residency Project. Nicaragua
- Graduate Medical Education Oversight Committee member
  - University of Wisconsin, Madison
- Emergency Medical Service Training Committee Member
- Emergency Medical Service Personnel Committee Member
- EMT Advanced Skills Re-certifier and Basic Skills Instructor
- University of Wisconsin Medical School Anatomy Demonstration Program
- American Red Cross CPR and First Aid Instructor
- Emergency Services Dispatcher

**Volunteer and Community Activities:**

- ReSurge International
  - A non-profit organization dedicated to transforming lives by restoring the health and dreams of those with deformities and injuries repairable through surgery.
- Medical Advisor, Busted Foundation
  - A charitable organization that aids those in medically-related hardships due to breast cancer through financial or educational assistance.
- Eduplast
  - A non-profit organization dedicated to training plastic and reconstructive surgeons in Nicaragua and Ecuador. University of WI - Madison
- Contributing author: *MommyMDGuides.com* and print version
- Leukemia and Lymphoma Society, Team in Training
- Medical Tent Physician Volunteer – Wisconsin Ironman
- Emergency Medical Technician Volunteer
- MEDIC Volunteer and Drug Supply Coordinator – Salvation Army
- Big Brothers Big Sisters Volunteer
- American Red Cross Volunteer

**Publications:**

1. **Spring MA**, Bentz ML. Cutaneous Vascular Lesions. In: Gramick M, ed. *Plastic Surgery Clinics* 2005.
2. **Spring MA**, Mount D. Pediatric Feeding Disorder and Growth Rate Decline Following Mandibular Distraction Osteogenesis. *PRS* August 2006.
3. **Spring MA**, Bentz ML. Pediatric Vascular Anomalies. In: Bentz ML, Bauer B, Zuker R, eds. *Principles and Practice of Pediatric Plastic Surgery*. Quality Medical Publishing; St. Louis, MO, 2008 :127-151.
4. **Spring MA**, Gutowski KA. Venous Thromboembolism in Plastic Surgery Patients: Survey Results of ASPS Members. *Aesthetic Plastic Surgery Journal*, September 2006; 26(5):522-529.
5. Stevens, WG, **Spring MA**, Stoker DA, Holloway J, Weintraub M, Stevens WG. Office-Based Plastic Surgery with General Anesthesia: Efficiency of Cost and Time. *Seminars in Plastic Surgery*, August 2007; 21:99-101.
6. Stevens WG, **Spring MA**, Freeman ME, Stoker DA, Hirsch EM. A Review of 100 Secondary Augmentation Mastopexies. *Aesthetic Surgery Journal*, September-October 2007; 27(5):485-492.
7. Stevens WG, **Spring MA**, Stoker DA. Ten Years of Outpatient Abdominoplasties: Safe and Effective. *Aesthet Surg J*, May-June 2007; 27(3): 269-275.
8. Stevens WG, Gear AJ, Stoker DA, Hirsch EM, Cohen R, **Spring MA**, Vath SD, Schantz ST, Heck RT. Outpatient Reduction Mammoplasty. An Eleven-Year Experience. *Aesthet Surg J* March 2008; 28(2): 171-179.

9. Stacey DH, **Spring MA**, Breslin TM, Rao VK, Gutowski DA. Exploring the Effect of the Referring General Surgeon's Attitudes on Breast Reconstruction Utilization. *Wisconsin Medical Journal*, September 2008; 107(6): 292-297.
10. Stevens WG, Pietrzak LK, **Spring MA**. Broad Overview of a Clinical and Commercial Experience with CoolSculpting. *Aesthet Surg J*. Aug 2013 1;33(6):835-46.
11. Stevens WG, **Spring MA**, Macias LH. Counterfeit Medical Devices: The Money You Save Up Front Will Cost You Big in the End. *Letter to the Editor, Aesthet Surg J*. July 2014: (online 1-3).
12. Stevens WG, Macias LH, **Spring M**, Stoker DA, Chacon CO, Eberlin SA. "One-Stage Augmentation Mastopexy: A Review of 1192 Simultaneous Breast Augmentation and Mastopexy Procedures in 615 Consecutive Patients". *Aesthet Surg J*. June 2014; 34:723.
13. **Spring MA**, Macias LH, Nadea M, Stevens WG. "Secondary Augmentation-Mastopexy: Indications, Preferred Practices, and the Treatment of Complications". *Aesthet Surg J*. July 2014; 34:1018.
14. Nadeau MH, Gould DJ, Macias LH, **Spring MA**, Stevens WG. "Superior Pedicle Technique of Reduction Mammoplasty: A Stepwise Approach. *Aesthet Surg J*. January 2015; 35(1): 94-104.
15. **Spring MA**, Hartmann EC, Stevens WG. "Strategies and Challenges in Simultaneous Augmentation Mastopexy". *Clinics in Plastic Surgery*. October 2015; 42 (4): 505-518.
16. **Spring MA**, Hartmann EC, Stevens WG. 1 and 2 Stage Considerations for Augmentation Mastopexy. In: Neligan Plastic Surgery 4e: Breast Volume 5, Chapter 7: 108-123.
17. Macias, LH, Kwon E, Gould DJ, **Spring MA**, Stevens WG. "Decrease in Seroma Rate After Adopting Progressive Tension Sutures Without Drains: A Single Surgery Center Experience of 451 Abdominoplasties Over 7 Years". *Aesthet Surg J*. March 2016; 36 (9): 1029-1035.
18. **Spring MA**. Synthetic Lysine-Based Synthetic Urethane Adhesive vs. Progressive Tension Sutures in Abdominoplasty to Eliminate Drains. *Aesthetic Surg J*. Published online 07 April 2018, in press.

### **Presentations:**

1. **Spring MA**, Mount D. *Pediatric Feeding Disorder and Growth Rate Decline Following Mandibular Distraction Osteogenesis*. Presented at American Cleft Palate-Craniofacial Association, March 15-20, 2004.
2. **Spring MA**, Mount D. *Postoperative Changes In Growth Rate and Feeding After Mandibular Distraction Osteogenesis*. Presented at Midwest Association of Plastic Surgeons, May 1-2, 2004.

3. **Spring MA**, Gutowski KA. *Deep Vein Thrombosis and Pulmonary Embolus Prophylaxis, an ASPS Physician Member Survey*. Presented at Midwest Association of Plastic Surgeons, April 23-24, 2005.
4. **Spring MA**, Gutowski KA. *Deep Vein Thrombosis and Pulmonary Embolus Prophylaxis, an ASPS Physician Member Survey*. Presented at Wisconsin Society of Plastic Surgeons Meeting, May 13, 2005.
5. **Spring MA**, Gutowski KA. *What is Plastic and Reconstructive Surgery? A Survey in the Age of Reality TV*. Presented at Senior Resident's Conference, March 22-25, 2006.
6. **Spring MA**, Gutowski KA. *Venous Thromboembolism in Plastic Surgery Patients: Survey Results of ASPS Members*. ASAPS, April 20-25, 2006.
7. **Spring MA**, Gutowski KA. *What is Plastic and Reconstructive Surgery? A Survey in the Age of Reality TV*. Presented at Midwest Association of Plastic Surgeons, April 28-30, 2006.
8. **Spring MA**, Stevens WG, Freeman ME, Stoker DA, Hirsch EM. *A Review of 100 Secondary Augmentation Mastopexies*. American Society of Aesthetic Plastic Surgeons meeting, New York City, April 19-24, 2007.
9. **Spring MA**, Stoker DA, Stevens WG. *Ten Years of Outpatient Abdominoplasties: Safe and Effective*. American Society of Aesthetic Plastic Surgeons meeting, New York City, April 19-24, 2007.
10. **Spring MA**, Stevens WG, Freeman ME, Stoker DA, Hirsch EM. *A Review of 100 Secondary Augmentation Mastopexies*. Electronic presentation, 19<sup>th</sup> Biennial Congress of ISAPS, Melbourne, Australia; February 10-13, 2008.
11. **Spring MA**, Stoker DA, Stevens WG. *Ten Years of Outpatient Abdominoplasties: Safe and Effective*. Electronic presentation, 19<sup>th</sup> Biennial Congress of ISAPS, Melbourne, Australia; February 10-13, 2008.
12. **Spring MA**, Stevens WG. "Myth Busters: Non-Surgical Body Contouring". ASPS Conference, San Diego, Oct 2013.
13. **Spring MA**. "What Makes or Breaks Being a Plastic Surgery Employee or Partner"; "Professional Fulfillment: What's Important". ASAPS Resident's Symposium, Dallas, TX, Sept 2016.
14. **Spring MA** "Synthetic Lysine-Based Synthetic Urethane Adhesive vs. Progressive Tension Sutures in Abdominoplasty to Eliminate Drains" ASPS The Meeting- Hot Topics. Orlando, FL Oct. 6, 2017